



**United for
health –
thanks to
good habits!**

Let's be on our best
behaviour and avoid the spread
of contagious diseases:

The mask - in the right place
at the right time!

Let's unite for health thanks to good habits!

Let's stick to the rules of hygiene.

Let's limit our contacts when we are sick.

Let's wear a mask, when we have a cold or a cough.

Let's report symptoms of contagious diseases before and during consultations at a doctor's, dentist's office or at a hospital.

Let's vaccinate ourselves according to our risk profile.

Let's share respect and solidarity instead of viruses!



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Let the mask in the right place
at the right time
be a sign of attention, respect
and solidarity.