

# Let's unite for health thanks to good habits!

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Let's stick to the rules of hygiene.

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Let's limit our contacts when we are sick.

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Let's wear a mask, when we have a cold or a cough.

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Let's report symptoms of contagious diseases before and during consultations at a doctor's, dentist's office or at a hospital.

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Let's vaccinate ourselves according to our risk profile.

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## Let's share respect and solidarity instead of viruses!



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Let the mask in the right place  
at the right time  
be a sign of attention, respect  
and solidarity.